

hand and you too can have the satisfaction of a litter-free community.

Plan to join us for FUN, FELLOWSHIP & FOOD. Small jobs, larger jobs, there is a task for everyone. For more information or to volunteer call Bernadette (831-4474) or Sue (256-5148).

\*\*Student Community Service opportunity\*\*

**Pizza & Hot Dog lunch provided to all participants following clean-up and photo shoot**

#### THE CHRISTMAS TREE SALE WAS A SUCCESS

The Corkery Community Association (CCA) would like to congratulate the Volunteer Firefighters' on the success of their Christmas Tree Sale and would like to thank them for their donation of part of the proceeds to the CCA, and the money will be used in improving the facilities and also for the cost for the fireworks on Canada Day,.

A big thank you to the Firefighters' for their work. Thank you to the people who came to buy a tree and supported your Community! A special thank you to Thomas Cavanagh Construction Ltd for their community spirit and generosity in providing a storage unit for the Christmas trees.

#### UPCOMING EVENTS

1. AGM Thursday March 6, at 7 p.m. at the Corkery Community Centre.
2. In celebration of Earth Week, CCA is planning its community Spring Clean Up Day **Saturday, April 19, 2008.**
3. We will have our annual garage sale in June. Start saving all the stuff you want to sell.
4. There will also be the pancake breakfast in June.

Corkery Community Association  
[http:// www.corkerycommunity.ca](http://www.corkerycommunity.ca) Carroll Homestead Park,  
3447 Old Almonte Rd, Phone: 613-831-4474,  
email: stealb@hotmail.com

President: Yolanda Gaiarsa 613-831-6192  
Vice President: Elaine Menard 613-831-3910  
Secretary: Cal Goodger  
Treasurer: David Martin  
Park Administrator: Ben Gardiner  
Soccer Coordinator: Bonnie Mac  
Membership: Helene Macdonald  
Newsletter: Silva Tratnik 613-256-6372  
Webmaster: Dave Rumsey  
Special Events Coordinator: Vacant



This picture is from a Yoga class on Monday evenings. These classes run in the St. Michael's School gym.

**Corkery**  
COMMUNITY  
ASSOCIATION

# Corkery News

[www.corkerycommunity.ca](http://www.corkerycommunity.ca)

3447 Old Almonte Road

Carroll  
Homestead  
Park  
February 2008



## 2008 ANNUAL GENERAL MEETING

The Annual General meeting will be held on Thursday March 6, at 7 p.m. at the Corkery Community Center. There are still some positions available such as Special Events Coordinator and Canada Day lead. Everyone is welcome to come and see what CCA can offer, hear about changes, and have your say.

#### AGENDA

1. Welcome
2. Review minutes of 2007AGM
3. President's Report  
\* 2007 Accomplishments
4. Financial Statement from Treasurer
5. Questions from Floor/Other Business
6. Elections
7. Adjournment

#### MEMBERSHIPS

There is a membership fee to pay if you would like to participate in any of the activities offered by the Corkery Community Centre, The fee is paid once for the year, the year running from Jan to Dec There are two types: Household and Senior. Memberships for each household is set at \$25.00. Membership for seniors is \$10/year. A senior is anyone aged 60 and up.

#### OUR PLAY STRUCTURE IS MISSING!

As some of you with wee ones may have noticed, our community play structure was removed in November. The old structure was removed in order to make way for a brand new one. However the snow came earlier than we had expected this winter and we were unable to get the new bigger, better structure installed. Keep an eye open for it this spring and bring out the little ones to give it a try once it is installed!

#### SKATING RINK

The Outdoor hockey is well under way. When the weather permits the rink is open and is enjoyed by many. There were over 350 people, including a scout group and a minor hockey team that went through the community centre and used the rink this past week. Many thanks to Ben and his helpers.



#### SOCCER

For questions regarding Corkery Community Association soccer registration, please contact the registrar Jennifer Balon at 613-831-8158 or [richard.balon@sympatico.ca](mailto:richard.balon@sympatico.ca) or the Corkery Soccer Coordinator Bonnie Mack at [bmack@magma.ca](mailto:bmack@magma.ca), 613-836-7332.

On-Line Registration is now available via [www.wcsc.ca](http://www.wcsc.ca) through to April 27, but a late registration fee will be imposed after March 27. Follow the House League on-line registration link on the WCSC website and select the Corkery Community Association registration form. There is no on-line convenience fee this year for on-line registration. Payment by Visa or Mastercard.

In Person Registration at Corkery Community Centre (Guaranteed to play at Corkery Community Centre) Saturday, March 1st; 9:00 AM to 12:00 Noon (There is only 1 day for in-person registration.)

## Age Groups

1. CCA Micro Soccer: Birth year 2003 or 2004
2. West Carleton Soccer Club House League Soccer (Corkery): Birth year 1990 (U18) through 2003 (U6 & U7)

## Registration Fees

House League	\$125.00 per player
Micro Soccer	\$35.00 per player
CCA Family Membership*	\$25.00 per family

Jersey deposit: Cheque for \$50.00 per jersey post dated to 30-September-2008. Deposit cheque to be provided at registration, if registering in person. If paying on-line, bring cheque for jersey deposit to first practice. The cheque will be returned at the end of the season in exchange for the jersey. \*Paid only once per family per year and applies to all CCA activities. Payment by cheque or cash.

## Important Dates

Late Registration March 27 to April 27. Late fee is \$25.00 per player payable to Corkery Community Association. Late registration does not guarantee a position on a Corkery team. Late registrations are accepted only if there is a team that need players. Cut off date for registration in WCSC House League and CCA Micro is April 27. No registrations or players will be accepted after April 27.

CCA Micro Soccer Season Key Dates (current view - start date subject to City of Ottawa permission to access fields). Tentatively scheduled for Wednesdays 6:00 to 7:00 PM. Beginning Wednesday May 21 with final evening Wednesday August 6 for a total of 12 sessions.

WCSC House League Season Key Dates (current view - start date subject to City of Ottawa permission to access fields). Team levelling exercises week of 12-May). First practice week of 19-May. First game of the season will be Saturday May 24, 2008 (first weekend after Victoria Day) Regular season games run from 24-May through 8-August. The last Saturday morning games are Saturday June 21. First week night games begin week of Monday June 23. WCSC House League Tournament mid August.

Further Information and team schedules see West Carleton Soccer Club [www.wcsc.ca](http://www.wcsc.ca)

**PUMP IT** - Cardio/weight/exercise class on Saturday mornings 8:30 to 9:30 a.m. (To note – time for cardio class on Saturday morning is 7:45 during the hockey season) and Tuesday and Thursday evenings 7:30 - 8:30 p.m. Free weight/cardio classes led by certified fitness instructor Kim Steele. This hour long class combines weight training and music to give an intense workout.

These classes are free to all members of the Corkery Community Association. You will be requested to bring your own weights. Weight recommendations to start would be handheld or barbell weights of 5lbs total combined weight. Class size will be limited to how many people we can safely have in the room exercising (approximately 13) and registration is on a first come, first serve basis. If

interested, please contact Kim Steele first at [kimsteele33@hotmail.com](mailto:kimsteele33@hotmail.com) or at 613-256-8905.

## YOGA - COME STRETCH WITH US

Yoga classes have started and they are on Monday evenings from 7:30 - 9:00 p.m. These classes run in the St. Michael's School gym. This session will run until March 3. Sandra Collins is the new instructor. She has over 11 years of experience teaching yoga. If you would like to try yoga, you are welcome to join us for a one-time trial class, at a cost of \$15.

Yoga sessions will continue throughout the year. We are planning 2 new sessions. The first starts March 17 for Monday evenings running in the St. Michaels School gym. The second session is a yoga session during the day starting Thursday March 20 at 1 p.m. This session will run from the Corkery Community Centre and the instructor will be S. Collins. If interested in registering, please contact Elaine Menard before March 6 at [swaymen@storm.ca](mailto:swaymen@storm.ca) or at 613-831-3910. Registration is on a first come, first serve basis.

## CORKERY BOOK CLUB

The "Corkery Reads Book Club" meets the third Wednesday of every month at the Corkery Community Centre, starting at 7:30 p.m. All are welcome. There is no fee for members. You are welcome to join us for any meeting. Our February book is "The Tiger Claw" and the March book is "Lives of The Saints". For more information, contact E. Menard at [swaymen@storm.ca](mailto:swaymen@storm.ca) or at 613-831-3910.

## SEWING CLASSES starting - FOR TEENS AND ADULTS

Margaret Mellor is an experienced seamstress and has kindly volunteered to teach a sewing class. The class is free for members of the Corkery Community Association. The class will start the week after March break, Wednesday March 19 from 6:30pm to 8:30pm

The class will be for teenagers 13 years and older and for adults. It run weekly, presumably until the end of the school year. If you are interested please contact Elaine Menard at 613 (831-3910) or at [swaymen@storm.ca](mailto:swaymen@storm.ca)

## CROSS COUNTRY SKIING IN CORKERY

We had a good response from the community. A meeting will be held in mid-Feb to see what options there are for cross-country ski trails in the Corkery area. If you are interested to do cross-country skiing locally, please contact Stefan Bergstrom at [stefanb@xplornet.com](mailto:stefanb@xplornet.com) or 613-256-6372.

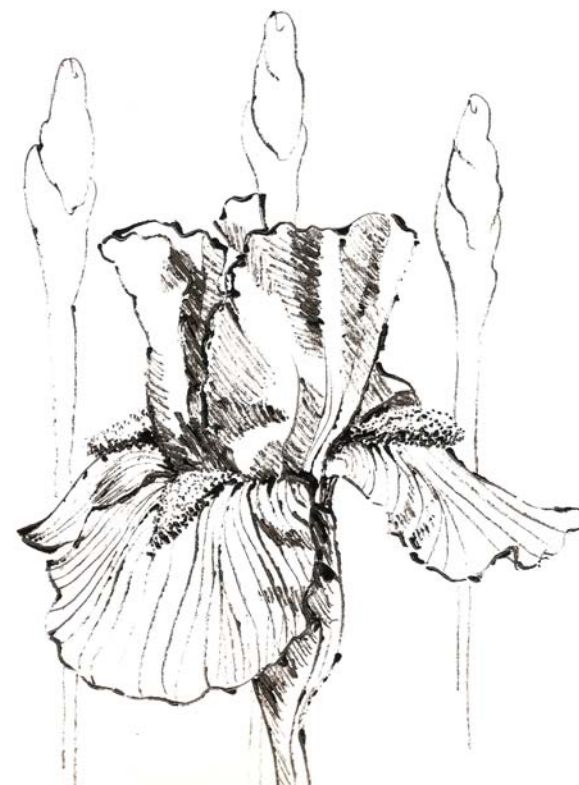
## ONTARIO EARLY YEARS CENTRE DROP-IN PLAYGROUP

Join a fun-filled morning of activity for your little ones at Corkery Community Centre every Tuesday mornings from 9:15 to 11:15am. Lead by EYC staff, the playgroup is free and operates on a drop-in basis - all you need to do is show up, sign in and grab a complimentary (and much needed) coffee!! This is a great opportunity for parents and

caregivers to meet others in the area and for the kids to socialize too! The morning is structured with free play, learning activities, art and crafts, followed by clean up and snack time (you bring). Finally we all get together for stories and songs during circle. For more information phone (613)591-3686 or email [oeycarleton@communityresourcecentre.ca](mailto:oeycarleton@communityresourcecentre.ca)

## SENIORS

The Western Ottawa Community Resource Centre offers programs and services for seniors such as Meals on Wheels, volunteer transportation to medical and non-medical appointments, basic house cleaning, and a day program for adults with dementia, elder abuse counselling and more. The WOCRC is a non-profit organization and has been serving the West Carleton area for over 20 years. Please call 613-591-3686 and ask for Colleen M. Taylor or Colleen Caldwell to obtain further information.



## GARDEN LIBRARY

The Corkery Gardening Club has recently received a founding gardening library from local resident, Glenda Jones. From how to "green house grow" to "gardening pests" we are now covered!!! Thank you Glenda for thinking of us and adding to our seasonal joy.

Special thanks to Rachel Raymond who jumped in to take these books from "books" to "library". Rachel designed a decorative folder to hold member 'sign in' and 'sign out' sheets to match the similarly well labeled books. Your creativity and time are gratefully received Rachel.

## ROTARY CLUB FUNDRAISER

The local Rotary Club will be selling Mushroom Compost as a fund raiser to support local community projects. May delivery at CCA building expected. If interested, contact Al at 256-6479

## CORKERY GARDENING CLUB

Want to have fun, make friends then join a true collaborative local club. The Corkery Gardening Club might be a perfect fit. We are entering our third year as a CCA sponsored club. Members learn new skills by way of workshops, tours, speakers and just plain good old fashioned (well researched) experimentation. Meetings are generally held at the Carroll Homestead Park building, 3447 Old Almonte Rd, on every second Thursday evening during the gardening season, starting at 7:00PM. Time and location of start can vary with meeting activity. A fee of \$2.00 is collected per meeting and used to cover the cost of workshop materials, to subsidize tour fees/speakers and for refreshments. Your family membership of \$25 or Senior membership of \$10.00 signs you on to all CCA clubs/activities. For more information contact Sue Cannon 256-5148.

Schedule of meetings -- 7:00PM start, CCA building:  
Thursday April 3rd, Registration & Seed Share  
Thursday May 1st, Registration & Setting Calendar of Activities Social  
Thursday May 22nd, Plant Split/Plant Share, Completing Calendar of Activities

Thursday June 5th, start of regular member directed schedule. Field trips, workshops, social events.... Every second Thursday to follow until early-mid October.

## ANNUAL SPRING CLEANING THE CAPITAL.... and Corkery!

Show your community pride! Take part in the Corkery Spring Clean-Up Day. In celebration of Earth Week, Corkery Community Association (CCA) will host its' community **Spring Clean Up Day on Saturday, April 19, 2008.**

Last year's final "Trash Tally" for the day was 30 bags of garbage, 11 recycle boxes and two boxes of alcohol related containers collected by 64 volunteers. Let's see if we can beat this fabulous total!

This year, in addition, to our clean-up crews at the Community Centre, we would like to form Satellite Clean-Up Crews within surrounding sub-divisions and areas. For three years running, a satellite Clean-Up crew has worked within the Pinery sub-division. Neighbours within this community meet together to comb their own subdivision and remove garbage that has been blown up by the winter winds and the spring rains. Together they "Get 'er Done" as a team and have a great time doing it. Their reward is the great satisfaction of driving through their community and seeing clean streets that are litter-free. So lend a