



# Corkery News

Corkery Community Association

Carroll Homestead Park  
November 2009

[www.corkerycommunity.ca](http://www.corkerycommunity.ca)

## Annual Corkery Community Association (CCA) and Volunteer Firefighters' Christmas Tree Sale

Grade A Balsam, Spruce, and Scotch Pine will be sold at the West Carleton Municipal Garage located at 2941 March Rd (just west of the 417 at exit 155). The community's share of the proceeds will go towards expanding social and recreational programming organized by the Corkery Community Association and to community events such as Canada Day.

The share of the proceeds for the Ottawa Fire Service station #84 will go towards decorations for their annual Haunted House, funding the Station 84 Combat Challenge Team and buying firefighters' equipment that is not issued by the city.

Volunteers are still needed to help with the sale. Please call and a leave message at 831-4474 if you can assist. Kids – this is a great way to get your community service hours!!

Come and support your community!

Saturday Dec 5	9AM to 4PM
Sunday Dec 6	9AM to 4PM
Saturday Dec 12	9AM to 4PM
Sunday Dec 13	9AM to 4PM

Saturday Dec 19 and Sunday Dec 20\*

\*if any trees left to sell



## Corkery Outdoor Rink

***As of the date of this newsletter, we do not currently have any volunteers willing to supervise or assist with our community outdoor rink.***

***Without volunteers we will not have a rink this year.***

The outdoor ice rink is not "done" by the City of Ottawa. The City provides the Corkery Community Association with a small grant each year in order for us to provide a rink to the community. This grant money is available so that we can pay for some professional rink building assistance and/or provide an honorarium to our rink volunteers. The amount of the grant is insufficient to hire a contractor for our rink for the duration of the season.

**Rink Building** – We are hoping to subcontract the initial building/flooding of the rink. If you are suitably experienced and interested in being paid to build the ice then please contact Elaine Menard at 613-831-3910 or [swaymen@storm.ca](mailto:swaymen@storm.ca) ASAP.

**Rink Maintenance** – We are looking for a MINIMUM of 7 volunteers to assist with the flooding and maintenance of the rink. The plan is for each volunteer to select one night per week that best suits their schedule. The volunteer would shovel and flood the rink on their designated evening as needed. The time commitment for each volunteer should average 2 to 4 hours per week. Without volunteers the community will not have an outdoor skating rink this year! Please contact Elaine Menard at 613-831-3910 or [swaymen@storm.ca](mailto:swaymen@storm.ca) if you would be willing to help out.

# Activities at the Corkery Community Centre & Area

## **OUTDOOR HOCKEY REGISTRATION (if there is a rink this year)**

This is a non-contact outdoor hockey league. It is administered solely by volunteers, which allows us to keep the cost low. Registration is \$50.00 per child for the season plus the family CCA membership fee of \$25 per year. There are no standings or statistics kept.

Age divisions are 5-7years, 8-9 yrs, 10-12 yrs and 13-15 yrs, all subject to sufficient enrolment to make a team. Practices are Wednesday nights from 6 pm till 9 pm. Games are Saturday Mornings from 9 am till noon. Full equipment is required.

**Registration: Saturday November 28th 2-4pm**

For inquiries contact Elaine Menard at 613-831-3910.

## **HOCKEY COORDINATOR**

We are looking for a hockey coordinator for this season. This involves meeting with the other local hockey coordinators to schedule games for the season, organize coaches and communicate to all the participants. Please speak to Elaine Menard at 613-831-3910 if you would be willing to take on this position.

## **WOMEN'S HOCKEY**

Rink permitting, women's shinny will again be held on Sunday evenings from 7-8pm. Sessions will operate on a drop-in basis, but please pre-register by emailing Cal at [cal.goodger@yahoo.ca](mailto:cal.goodger@yahoo.ca) or 613-256-4405.

## **SOCCER**

Another summer soccer season has come to a close. A big Thank You to Bonnie Mack for again being this year's Soccer Coordinator and to all the volunteers who gave their time to coach, help with equipment, or keeping the teams organized. Unfortunately Bonnie can no longer continue with this role. We are pleased to announce that Alyson MacPherson has accepted the position of Soccer Coordinator. Thank You Alyson!

We are looking for a soccer equipment coordinator for next season. If you would be willing to help out please contact Alyson MacPherson at 613-256-5558 or email [alyson11@sympatico.ca](mailto:alyson11@sympatico.ca).

Thank You to Michelle Gardiner who was the Corkery Micro soccer coordinator this past year. We now need a new coordinator for Micro (children born in years 2005 & 2006) for the 2010 summer season. No experience necessary! If willing, please contact Alyson MacPherson at 613-256-5558 or email [alyson11@sympatico.ca](mailto:alyson11@sympatico.ca).

Registration for soccer programs is expected to start online in January 2010. Watch [www.wcsc.ca](http://www.wcsc.ca) for details.

The following dance programs are offered at the Corkery Community Centre this winter. Registration is through the City of Ottawa [www.ottawa.ca](http://www.ottawa.ca) or 613-580-2588.

## **TWINKLING TOES (AGE 2-4 YRS)**

Through creative movement with basic ballet and jazz, the dancers will develop grace and creativity while allowing their personalities to flourish. A Twinkling Toes performance completes the final class.

January 14 – March 4 on Thursdays from 5:00 – 5:45pm

## **GOTTA DANCE (AGE 4-6 YRS)**

Start tapping and get wild! Learn a variety of dance styles including ballet, jazz and hip-hop!

January 14 – March 4 on Thursdays from 6:00 – 6:45pm.

## **YOUTH ROCK CLIMBING**

Thank you to those in the community that completed the recreation survey. One of the activities most requested by kids in the area was rock climbing! After Spring Break, we plan to run an evening trip to a climbing wall, with the bus returning everyone to the centre for pizza. We are looking for a couple of parents willing to organize this event which would probably be aimed at children aged 11-16 years old.

## **BALLROOM DANCING**

Ballroom dancing is a lot of fun, a nice way to “meet the neighbours” and a great way to get in shape too! With sufficient interest, we are hoping to start up the ballroom dancing sessions again in January. Why not come out and learn to the basic foxtrot, waltz, rumba, cha cha, triple swing and meringue! We'll need to hear from you no later than December 14 in order to make a commitment to the instructors. If you are interested please get in touch with Marian Hearn at 613 256 0189 or [hearn@clnpc.ca](mailto:hearn@clnpc.ca).

## **YOGA - COME STRETCH WITH US**

Yoga classes are currently being held at St. Michael's school gym at 1572 Corkery Road, on Monday evenings from 7:00 to 8:30 p.m. till December 14<sup>th</sup>. Paula and Sandra are certified Yoga Instructors. There is a \$15 fee per drop in class if you want to try it. Please enter the gym door which is located along the school's right side 3<sup>rd</sup> door at the back.

A new yoga session will start in January. We need a minimum of 10 participants for the classes to proceed. The session will run for 10 classes, from January 4th to March 8th, from 7:00 p.m. to 8:30 p.m. at St. Michael's. The cost for the winter session is \$120.00. For further information or to register, please contact Silva Tratnik at 613-256-6372.

## **PUMP IT – Cardio weight class on Tuesday and Thursday evenings and Saturday mornings**

This hour long class combines cardio and weight training to music for an intense workout. The music makes it fun while you're giving your body a strength and endurance workout. There is about 15 minutes of a cardio warm-up and then approximately 45 minutes of weight lifting. This class gives dynamic results in only a short amount of time. You will feel stronger and increase your metabolism; giving you an energized feeling. The class can be adapted for entry level to advanced levels for men and women over the age of 16. Class times are 7:30 pm to 8:30 pm on Tuesday and Thursday nights and 8:00am to 9:00am on Saturday mornings. During Outdoor Hockey Season (if there is a rink this year) exercise classes will be on Sunday mornings at 8:00am. These classes are free to all members of the CCA and led by a certified fitness instructor. Bring a yoga style mat for floor exercises, and some weights. The CCA has purchased some weights that can be used by members.

Kim has graciously donated her time and expertise to the community by teaching this class. To register, please contact Kim Steele at [kimsteele33@hotmail.com](mailto:kimsteele33@hotmail.com) or 613-256-8905.

## **2009 CORKERY GARDENING CLUB**

The Corkery Gardening Club (CGC) wrapped up its season with a lovely dinner at Cabotto's restaurant October 22nd. Sixteen members attended and enjoyed the dinner, wine, company, and fabulous slide show put together by Lori covering the club's activities over the past four years. This season overall we had our regular spring and fall plant shares, sold surplus plants at CCA's June Yard sale, had three great guest speakers (Perennials for all Seasons, Experimental Farm Arboretum tour, Tree breeding & selection for our growth zone), three workshops (concrete stepping stones, rustic garden furniture, and wreath making) tours of seven gardens, one evening of volunteer garden clean up and a number of open social meetings. Inclement weather made us cancel a couple of field trips which we hope to return to in 2010. We have a wonderful mix of fun people arranging a variety of interesting and interactive activities. ***A big thank you to all who turned out and contributed this year.***

We have a few winter socials being organized and will begin the 2010 CGC year in late April. Ideas for next year's plans very welcome. The CGC generally meets every other Thursday at 7pm. If you are interested in joining us next season, please call Sue at 613-256-5148 or [secannon@xplornet.com](mailto:secannon@xplornet.com)

## **OEYC DROP-IN PLAYGROUP**

Join us at the Corkery Community Centre on Thursday mornings from 9:15 to 11:15am for a fun-filled morning of activity for your little one(s). Led by EYC staff, the playgroup is free to attend and operates on a drop-in basis - all you need to do is show up, sign in and grab a complimentary (and much needed) coffee!! This is a great opportunity for parents and caregivers to meet others in the area and for the kids to socialize too!

The morning is structured with free play, learning activities, art and crafts, followed by clean up and snack time (you bring). Finally we all get together for stories and songs during circle.

## **Volunteers Needed!**

The Corkery Community Association aims to meet many of the community's recreational needs as well as to champion these needs to the City of Ottawa. We provide a focal point for the planning of community events and activities and manage the facilities necessary to support many of these activities.

The Corkery Community Association is not run by the City of Ottawa. It is an incorporated non-profit organization maintained by dedicated volunteers who are committed to making Corkery a better place to live.

There are many ways to get involved. We have jobs large and small available. Every little bit helps! We currently have several vacant positions and would love more people in our great community to get involved. We also need willing parents to be actively involved in their children's hockey and soccer as coordinators, coaches, equipment managers etc. Without our great volunteers, Corkery would be unable to offer these opportunities locally.

**Please contact Elaine Menard at 613-831-3190 or [swaymen@storm.ca](mailto:swaymen@storm.ca) to find out how you can get involved.**

## **Corkery Community Association**

[www.corkerycommunity.ca](http://www.corkerycommunity.ca)

Carroll Homestead Park, 3447 Old Almonte Rd,  
Phone: 613-831-4474

<b>President:</b>	Elaine Menard	613-831-3910
<b>Vice President:</b>	VACANT	
<b>Secretary:</b>	Cal Goodger	613-256-4405
<b>Treasurer:</b>	David Martin	
<b>Park Administrator:</b>	Glen McDonnell	613- 256-7911
<b>Ice Rink Manager:</b>	VACANT	
<b>Soccer Coordinator:</b>	Alyson MacPherson	613-256-5558
<b>Membership:</b>	Marian Hearn	613-256-0189
<b>Newsletter:</b>	VACANT	
<b>Website:</b>	Roelof Datema	
<b>Special Events Coordinator:</b>	Jill Perley	

Board meetings are held the 1<sup>st</sup> Tuesday of every month at 7:30 p.m. at the park. Please come and join us. We would like to see you and hear your ideas.

# Memberships

There is a membership fee for participation in any of the activities offered by the Corkery Community Association. The fee is paid once a year, the year running from January to December. There are two types: Household (\$25/year) and Senior (\$10/year). A senior is anyone aged 60 and up. A new membership year will soon be upon us. Please fill in the form below and leave it in the mail box or mail it in. The form is also available online at [www.corkerycommunity.ca](http://www.corkerycommunity.ca).



3447 Old Almonte Road  
Carp, Ontario K0A 1L0

## Membership Application

cheques payable to the Corkery Community Association

Year: 20\_\_

Membership Type (circle)    H (household) \$25                    S (Senior 60+) \$10 per senior

Address \_\_\_\_\_

Family Name (s) \_\_\_\_\_

Given Name (s) \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail \_\_\_\_\_

*Please indicate which of these is your preferred method of communication*

**Demographics and Program participation** (this information is used to develop programmes relevant to members)

# \_\_\_\_ Senior (s)            # \_\_\_\_ Adult(s)            # \_\_\_\_ Youth (12-18)    # \_\_\_\_ Children (<12)

**(Please provide given name(s))**

Yoga \_\_\_\_\_ Dance \_\_\_\_\_

Cardio \_\_\_\_\_ Gardening \_\_\_\_\_

Playgroup \_\_\_\_\_ Other \_\_\_\_\_

Soccer information is provided to CCA by West Carleton Soccer

### Volunteer Opportunities

**I am available for:** (circle and provide more detail as appropriate)

**Committee** (such as Special Events, Youth Program, Park Maintenance..)

**Assist** at Events (such as Canada day celebrations)

Comments \_\_\_\_\_

Please be advised! I the undersigned, personally and on behalf of my heirs, executors, administrators, and assigns, hereby release and forever discharge the Corkery Community Association, all sponsors, organizers and volunteers from any or all claims of personal injury and property damage of any nature whatsoever, arising by reason of my family's participation in any CCA activities or facility usage.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

PRIVACY POLICY: The information on this form is collected by the Corkery Community Association for the purposes of recording its members, contacting community volunteers and operation of CCA business. Contact information will be provided to the membership director, and other Board members who require it for newsletter distribution and/or event planning. The CCA may use photographs of events for publicity purposes.

Dues Received By \_\_\_\_\_

Dues remitted to Treasurer \_\_\_\_\_